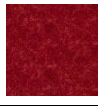




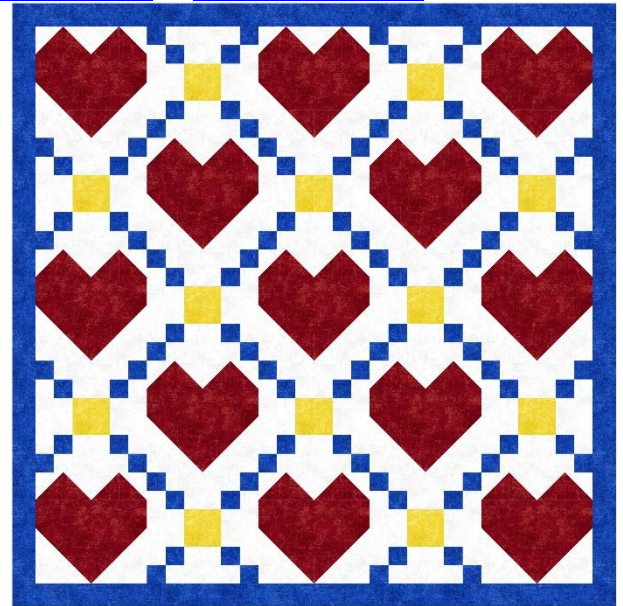


"Nova Scotia Hug"

A comfort quilt in remembrance of those who were affected by the fatal shooting in Nova Scotia April 18 & 19 2020 **Finished quilt measures 65½" x 65½" before quilting.**

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		(The shown fabrics are from Northcott's Canvas line and are just a suggestion) Fabric 'A': 9030-24: Red Hearts: 1.3m
		Fabric 'B': 9030-46: Flag Chain blocks and outer border: 1m
		Fabric 'C': 9030-52: Centre Squares of the Flag Chain blocks: .25m
		Fabric 'D': 9030-10 or 110 (or any other white tonal): Background: 2m
		Binding: 9030-46: .5m If you use the same fabric for backing, you will have enough left over to use for binding after quilting is finished.
		Backing: 3.6m



General Directions: wof = width of fabric. Use scant ¼" seams throughout.

Cutting Directions:

Fabric 'A':

- Cut 5 strips 6½" x wof. Cut into 13 rectangles 6½" x 12½".
- Cut 4 strips 4" x wof. Cut into 39 squares 4" x 4".

Fabric 'B':

- Cut 6 strips 2½" x wof. Cut 96 squares 2½" x 2½" (for Flag Chain blocks).
- Cut 7 strips 3" x wof. Sew together into one long strip using diagonal seams. Cut 2 strips 3" x 60½" (side borders) and 2 strips 3" x 65½" (top and bottom borders).

Fabric 'C':

- Cut 2 strips 4½" x wof. Cut 12 squares 4½" x 4½" (for Flag Chain blocks).

Fabric 'D':

- Cut 3 strips 8½" x wof. Cut 48 strips 8½" x 2½" (for Flag Chain blocks).
- Cut 3 strips 4½" x wof. Cut 48 strips 4½" x 2½" (for Flag Chain Blocks).
- Cut 4 strips 4" x wof. Cut 39 squares 4" x 4". On the wrong side of the fabric, draw a pencil line diagonally from corner to corner (for Heart Blocks).
- Cut 5 strips 3½" x wof. Cut 52 squares 3½" x 3½". On the wrong side of 26 of these squares, draw a diagonal line from corner to corner (for Heart Blocks).

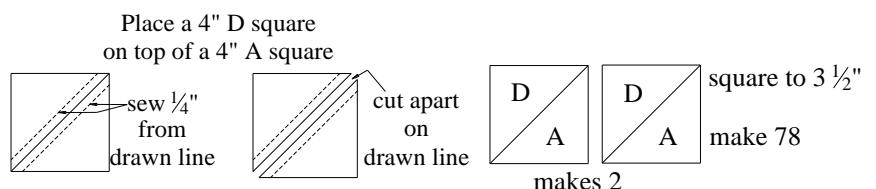
Binding: Cut 7 strips 2½" x wof. Sew together end to end. Press in half lengthwise. Set aside for binding.

Backing: Cut 2 pieces 70" x wof. Cut off the selvage edges. Sew together along the length of fabric. This will make a backing approx. 80" x 70".

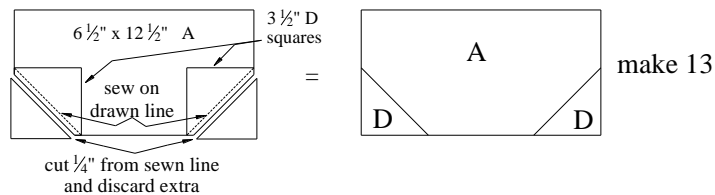
Sewing directions:

Making the Heart blocks:

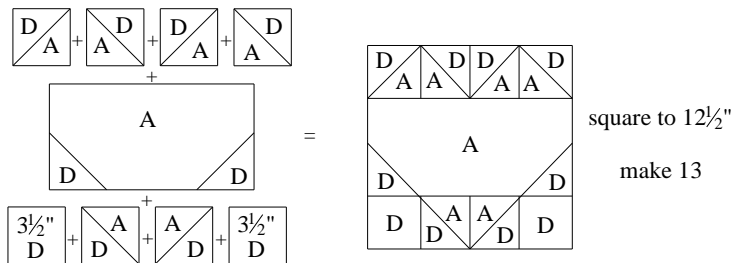
- 1) Place a Fabric 'D' 4" square on top of a Fabric 'A' 4" square. Sew ¼" on both sides of the drawn line. Cut along the drawn line. Open and press towards Fabric 'A'. Trim this Half Square Triangle (HST) to 3½" square. Repeat with the remaining Fabric 'D' and Fabric 'A' 4" squares. Make 78 trimmed 3½" A/D HSTs.



- 2) Place a 3½" Fabric 'D' square on both lower corners of the 6½" x 12½" Fabric 'A' rectangle. Sew on the drawn line. Cut away the extra, leaving a ¼" seam allowance. Make 13 units.

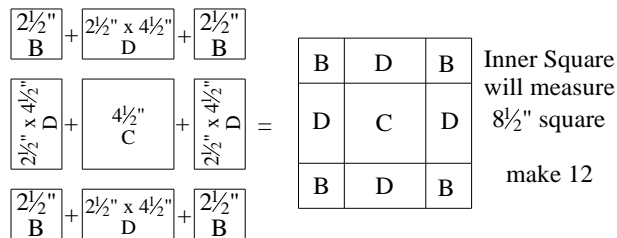


- 3) Using the HSTs made in step 1, the rectangles made in step 2 and the 3½" Fabric 'D' squares, assemble the Heart blocks as shown.
-Press bulky seams open.

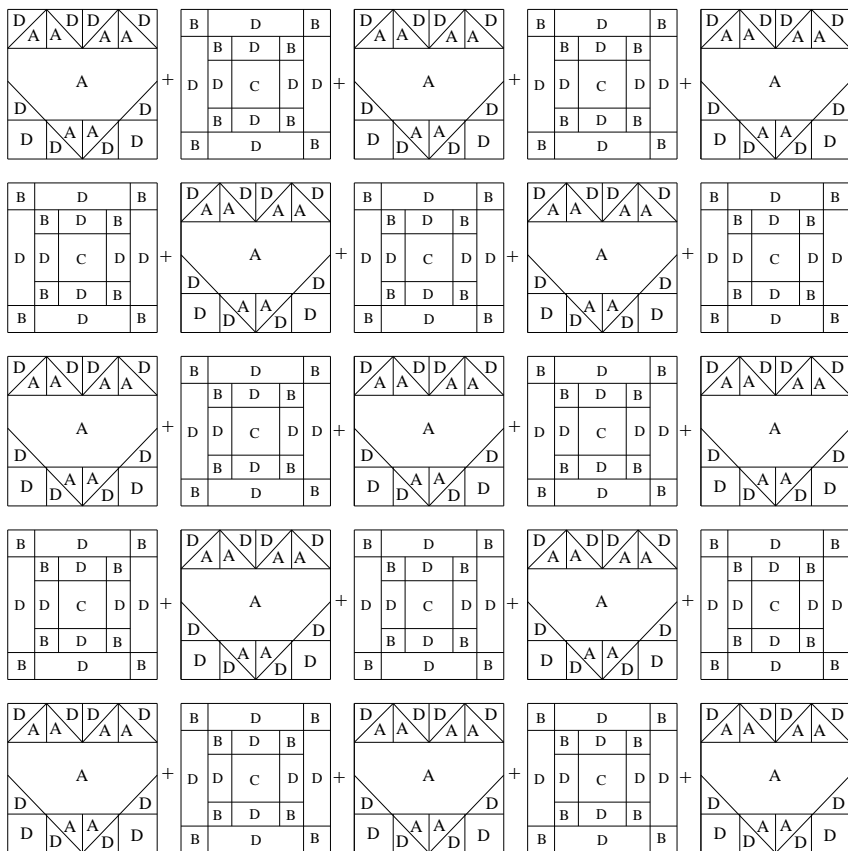
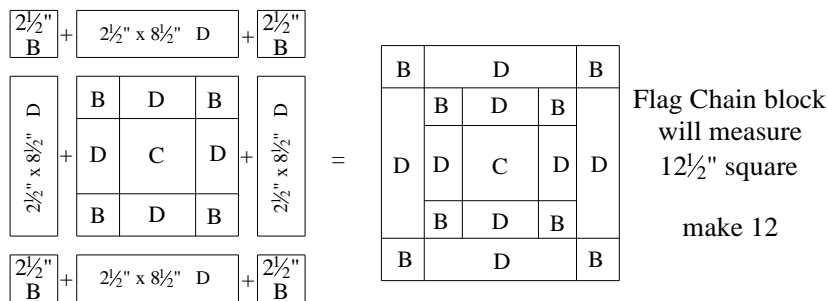


Making the Flag Chain blocks:

- 4) Using 48 of the 2½" Fabric 'B' squares, the 2½" x 4½" Fabric 'D' strips and the 4½" Fabric 'C' squares, assemble the inner block as shown. The inner block will measure 8½" x 8½". Make 12 blocks.
-Press towards fabrics 'B' and 'C'.



- 5) Using the 8½" inner blocks made in step 4, the 2½" x 8½" Fabric 'D' strips and the remaining 2½" Fabric 'B' squares, assemble the Flag Chain block as shown. The blocks will measure 12½" square. Make 12.
-Press towards Fabric 'D'.



-Sew the blocks together into rows, alternating the Heart blocks and the Flag Chain blocks. Press odd rows to the right, and even rows to the left.

-Sew the rows together into the quilt top.

-Sew the 3" x 60½" Fabric 'B' side borders on. Press towards borders.

-Sew the 3" x 65½" Fabric 'B' top and bottom borders on. Press towards borders.

-Layer top, batting and backing. Quilt as desired. Bind by sewing the binding to the quilt front, mitering at the corners. Roll the binding to the back of the quilt and hand stitch in place.